

## Fraud Newsletter September 2019 - 12.09.19

### Keep your money safe.

Each month we see many incidents of fraudsters targeting our residents in an attempt to defraud them.

We are working hard to prevent this and support vulnerable victims of fraud or scams.

By following our tips and encouraging family, friends and colleagues to do so too, you can reduce the risk of becoming a victim.

### Help Secure Your Online Accounts With These Strong Password Tips.

Picking a strong password is a vital part of your online security. Often online security is breached because a password has not been changed for years, or used multiple times for different accounts.

There are a number of ways to make your passwords more secure and protect yourself from a potential hack.

- Make a password as long as possible.
- The more characters it has, the harder it is to crack.
- Use different types of characters including numbers, symbols and punctuation marks.
- Try not to include only dictionary words in your password as this makes them easier to crack.
- Try to avoid personal names, like family, pets, or sports teams.
- Use different passwords for different accounts, especially for your personal email account.
- This way, if one password is compromised then at least only one account can be hacked.

Check to see if you have an account that has been previously compromised in a data breach by entering your email address on this email checker tool website: <https://haveibeenpwned.com>

You may want to review your password security as a result!

### How You Can Help Us:

If you or someone you know is vulnerable and has been a victim of fraud call: Sussex Police on 101 or visit <http://www.sussex.police.uk>

Report fraud or attempted fraud, by contacting Action Fraud at [http://www.actionfraud.police.uk/report\\_fraud](http://www.actionfraud.police.uk/report_fraud) or call 0300 123 2040

## Help Us Keep Sussex Safe

Seen something suspicious or have information about a crime or incident? Please contact us at <http://www.sussex.police.uk/contact-us/>, email us at [101@sussex.pnn.police.uk](mailto:101@sussex.pnn.police.uk) or call 101.

Alternatively you can contact the independent charity **Crimestoppers**, anonymously, on 0800 555 111, or online at [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)